

## A GREAT HELP IN STOMACH ILLS

If you suffer from Poor Appetite, Sick Headache, Bloating, Indigestion, Dyspepsia, Cramps or Constipation you will be greatly benefited by a fair trial of

## HOSTETTER'S Stomach Bitters

The digestive system has become weak and Nature needs assistance right away. The Bitters has for over 60 years been recognized as the real "first-aid." Try a bottle. The genuine has our private stamp over neck.



## Rheumatism

Just put a few drops of Sloan's on the painful spot and the pain stops. It is really wonderful how quickly Sloan's acts. No need to rub it in—laid on lightly it penetrates to the bone and brings relief at once. Kills rheumatic pain instantly.

Mr. James E. Alexander, of North Hargrave, Mo., writes: "Many strains in my back and hips brought on rheumatism in the sciatic nerve. I had it so bad one night when sitting in my chair, that I had to jump on my feet to get relief. I at once applied your Liniment to the affected part and in less than ten minutes it was perfectly easy. I think it is the best of all Liniments I have ever used."

## SLOAN'S LINIMENT Kills Pain

At all dealers, 25c.  
Send four cents in stamps for a TRIAL BOTTLE  
Dr. Earl S. Sloan, Inc.  
Dept. B. Philadelphia, Pa.

## BLACK LEG

Losses surely prevented by Cutler's Blacking Pills. Low priced, fresh, reliable; preferred by Western stockmen, because they protect where other vanities fail. Write for booklet and testimonials. 10-dose box, Blacking Pills \$1.00. 50-dose box, Blacking Pills \$4.00. Use any liniment, Cutler's best. The Cutler Laboratories, Berkeley, Cal., or Chicago, Ill.

Shuts Them Up.  
Church—I see Mrs. Bertie Brixie of Webster county is the only woman sheriff in Missouri.

Gotham—She is the only woman in Missouri who can shut up other women, I suppose.—Yonkers Statesman.

Important to Mothers  
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Wm. C. Little*. In Use For Over 30 Years. Children Cry for Fletcher's Castoria

The average man would be glad of the opportunity to pose as a retired captain of industry on half pay.

Have Hanford's Balsam on hand for accidents. Adv.

In the German empire two sets of twins are born every hour.

## It's Foolish to Suffer

You may be brave enough to stand backache, or headache, or dizziness. But if, in addition, urination is disordered, look out! If you don't try to fix your sick kidneys, you may fall into the clutches of kidney trouble before you know it. But if you live more carefully and help your kidneys with Doan's Kidney Pills, you can stop the pains you have and avoid future danger as well.

## An Oklahoma Case

Francis A. Lewis, 313 Seventh St., Lawton, Okla., says: "I was in misery and the doctor said I had catarrh of the bladder. Finally, he gave me up as incurable. The pain I endured is beyond description and the kidney secretions were in bad shape. I lost a lot of weight, too. On a neighbor's advice, I took Doan's Kidney Pills and they restored me to good health."

Get Doan's at Any Store, 50c a Box  
**DOAN'S KIDNEY PILLS**  
POSTER-MILBURN CO., BUFFALO, N. Y.

## INTERNATIONAL SUNDAY SCHOOL LESSON

City E. O. SELLERS, Acting Director of Sunday School Course, Moody Bible Institute, Chicago.

### LESSON FOR MARCH 21

#### JONATHAN AND HIS ARMOR BEARER.

LESSON TEXT—I Samuel 14:1-11.  
GOLDEN TEXT—Let us put on the armor of light.—Rom. 13:12

Samuel's review of his life of integrity, his charge to the Israelites, God's testimony of displeasure over their persistent desire to have a king, and Samuel's words of comfort and assurance as found in chapter 12, form an interesting connection with last Sunday's lesson. In chapter 13 we have the record of Israel again in distress and of Saul's folly in his assuming the priestly office (vv. 13, 14).

1. Saul's Distress, vv. 1-4. That Saul's disobedience, just indicated, had incurred God's displeasure, we know. It evidently had its effect upon the people also, for his army had dwindled during the intervening fifteen or eighteen years, from 330,000 (ch. 11:8) to a feeble 600 (v. 2). They were further handicapped by a lack of weapons (ch. 13:19-23). Deserted by Jehovah, by Samuel, Jehovah's priest, and by nearly all of his enthusiastic subjects (see 11:12) Saul was "in the uttermost part of Gibeon" hiding under a pomegranate tree (see vv. 11, 22 and 13:6). This may refer to his being at Himmon (Judges 20:43-47). In this retirement Saul retains Abiah (v. 3) as priest, thus keeping up the outward form of worship. This priest is not referred to as Jehovah's. He was a grandson of Phinehas, one of Eli's wicked sons, and as such was not to be a successor in the high priest's office (ch. 23:26). Such an outward form of "dead works" cannot take the place of a living faith. For Saul to consult the oracle of the Urim and Thummim worn by the priest and later to call up familiar spirits, shows his lack of spiritual apprehension. The references made to Saul's conduct (chapters 12, 13) are an indication of his character and emphasize the psalmist's words as found in Ps. 119:11, 105.

2. Jonathan's Victory, vv. 4-13. But God had one leader to whom he could speak, Jonathan, who is one of the finest and most attractive characters in the whole Bible. This episode is among the most brilliant in the history of the Israelite nation. It was a brave deed, and an evidence of that triumphant faith shown so clearly in Jonathan's dealings with David. There seems to be a suggestion that Jonathan had lost confidence in his father, for neither he nor the people knew where Jonathan had gone. Verses 4 and 5 vividly picture the nature of the location wherein Jonathan undertook this feat. Jonathan clearly counted upon the fleshly covenant sign as ground upon which to expect help and victory over his enemies, who lacked such a sign (v. 6). The army of the Philistines had been divided into three sections (Ch. 13:7), and this gave Jonathan his opportunity. The garrison at Michmash was on the opposite side of the ravine from Geba, Saul's headquarters. Hidden by the cliffs it was quite easy to approach the Philistines. It is an interesting and enlightening conversation recorded as ensuing on that journey.

Jonathan—It may be that the Lord will work for us; for there is no restraint to the Lord to save by many or by few (v. 6).

Armorbearer—Do all that is in thine heart; behold I am with thee.

Jonathan—We will pass over and will discover ourselves. The test, as recorded in verses 9 and 10 was a real one and a revelation of Jonathan's shrewdness. Not to be invited by the Philistines would suggest a desire they may have had to cover up any weakness. To be asked to "come" suggests their self-confidence.

Today's Message. Two young men of faith saved a nation sunk in despair and disgrace. They inspired confidence in God and his promises. "Youth for battles, old age for counsel," but there are times that demand action more than conference and consideration. Courage is only of value, however, when based upon much training, devotion to God, the interests of others, and a clear vision. It is not a mere flash in life's pathway. Courage is contagious; Jonathan's feat set on fire the soul of a nation. Read again the roll of honor in the eleventh chapter of Hebrews. The highest courage is not physical but moral. This courage is open to all, but it is intelligently grounded upon God's sure revelation in his word and in the person of his Son, our Lord. "And his armor-bearer after him."

Jonathan did not go alone. On the other hand it is not probable this young lad would have gone up those rocks had not Jonathan led the way; because one went before him, he was able to scale the fortress. God alone knows the heights to which we may attain, but does not ask us to go alone, nor expect us to do the impossible. The greatest heroes are not military. They are Christian heroes, who put on the Christian armor and whose "strength is the strength of ten because their hearts are pure." Such heroes are not dismayed at the contempt and gibes of the enemy

## CALOMEL SICKENS! IT SALIVATES! DON'T STAY BILIOUS, CONSTIPATED

I Guarantee "Dodson's Liver Tone" Will Give You the Best Liver and Bowel Cleansing You Ever Had—Don't Lose a Day's Work!

Calomel makes you sick; you lose a day's work. Calomel is quicksilver and it salivates; calomel injures your liver.

If you are bilious, feel lazy, sluggish and all knocked out, if your bowels are constipated and your head aches or stomach is sour, just take a spoonful of harmless Dodson's Liver Tone instead of using sickening, salivating calomel. Dodson's Liver Tone is real liver medicine. You'll know it next morning because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and your bowels regular. You will feel like working. You'll be cheerful; full of vigor and ambition.

Your druggist or dealer sells you a 50-cent bottle of Dodson's Liver Tone

under my personal guarantee that it will clean your sluggish liver better than nasty calomel; it won't make you sick and you can eat anything you want without being salivated. Your druggist guarantees that each spoonful will start your liver, clean your bowels and straighten you up by morning or you can have your money back. Children gladly take Dodson's Liver Tone because it is pleasant tasting and doesn't gripe or cramp or make them sick.

I am selling millions of bottles of Dodson's Liver Tone to people who have found that this pleasant, vegetable, liver medicine takes the place of dangerous calomel. Buy one bottle on my sound, reliable guarantee. Ask your druggist or storekeeper about me.

### Adaptability.

"Why don't you knit something for the war sufferers?"  
"I am knitting something," replied young Mrs. Torkins.  
"What is it?"  
"Well, I thought they were going to be mittens, but I forgot to put the thumbs in, so I'll have to make them a pair of socks."

### KIDNEYS CLOG UP FROM EATING TOO MUCH MEAT

Take Tablespoonful of Salts if Back Hurts or Bladder Bothers—Meat Forms Uric Acid.

We are a nation of meat eaters and our blood is filled with uric acid, says a well-known authority, who warns us to be constantly on guard against kidney trouble.

The kidneys do their utmost to free the blood of this irritating acid, but become weak from the overwork; they get sluggish; the eliminative tissues clog and thus the waste is retained in the blood to poison the entire system.

When your kidneys ache and feel like lumps of lead, and you have stinging pains in the back or the urine is cloudy, full of sediment, or the bladder is irritable, obliging you to seek relief during the night; when you have severe headaches, nervous and dizzy spells, sleeplessness, acid stomach or rheumatism in bad weather, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning and in a few days your kidneys will act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys, to neutralize the acids in urine so it is no longer a source of irritation, thus ending urinary and bladder disorders.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink, and nobody can make a mistake by taking a little occasionally to keep the kidneys clean and active.—Adv.

### A Good Heart.

"George, where are your school books?"

"When notices appeared that books were wanted for the wounded, I gave mine to them."—Humorist's Listy (Prague).

### Free to Our Readers

Write Murine Eye Remedy Co., Chicago, for 48-page illustrated Eye Book Free. Write all about your Eye Trouble and they will advise you to the Proper Application of the Murine Eye Remedies in Your Special Case. Your Druggist will tell you that Murine Relieves Red Eyes, Strengthens Weak Eyes. Doesn't Burn, Soothes Eye Pain, and is Safe for 60c. Try It in Your Eyes and in Baby's Eyes for Red, Itchy Eyelids and Granulation. Adv.

### Approval.

"You approve of your wife's public speaking?"

"Yes," replied Mr. Meekton. "I'd rather she told her views about economics and sociology to the throng than have her handing them out to me as little bedtime stories."

### Every Household Needs It.

For cuts, burns sprains and bruises, Hanford's Balsam of Myrrh should give quick relief. These may happen any day in any home and the prudent housewife will always keep a bottle on hand. Adv.

### Her Narrow Escape.

He—I'd no idea you would accept me the first time I proposed.

She—And did you think I would the second time?

He—Oh, there would have been no second time.

Smile, smile, beautiful clear white clothes. Red Cross Ball Blue American made, therefore best. All grocers. Adv.

It isn't always the promising young man that fulfills the promise.—Deseret News.

Ask anybody about it—Hanford's Balsam. Adv.

A model wife is one who isn't patterned after a model.

### Submerged Timber.

The strength of a hemlock stick a foot square that had been in water for almost forty years was recently tested in the 600,000-pound testing machine at Rensselaer Polytechnic Institute at Troy, in New York. The timber, which was 16 feet 9 inches long, had formed part of one of the piers of the Congress street bridge at Troy. When the pier broke down after the flood in the spring of 1913, the timber was turned over to one of the material-testing laboratories of the Institute. It was kept in the open air for three months, and then placed in a dry room for a little more than nine months. When placed in the testing machine, the column failed under a load of 354,000 pounds; that is, the long-submerged wood showed an ultimate strength of 2,670 pounds to the square inch. In the opinion of Prof. T. R. Layson, who conducted the test, the remarkable strength of this piece of hemlock seems to show that being immersed in water for a long time does not decrease the column strength of timber that is subsequently permitted to dry out.—Youth's Companion.

### One-Hundred-Dollar Tree.

The government has received \$99.49 in payment for a single sugar pine tree that a trespasser cut in the Stanislaus National forest in California. It yielded more than enough actual lumber for a good-sized house, or for a two-foot board walk nearly two miles long. The tree scaled 18,933 board feet, and was valued at \$525 a thousand feet. Officers of the forest service believe that although national forest timber is frequently sold at a higher rate a foot, no other tree ever felled in a national forest has been worth so much.—Youth's Companion.

## MOTHER! LOOK AT CHILD'S TONGUE

If cross, feverish, constipated, give "California Syrup of Figs"

A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish; stomach sour.

Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation, poison, sour bile and fermenting waste will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleansing" is oftentimes all that is necessary. It should be the first treatment given in any sickness.

Beware of counterfeit fig syrups. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

### Dog's Find.

Digenes was searching the streets of Athens for the honest man, when suddenly the spirit of Ananias sidled up to him and whispered.

"Digenes, I am a liar!"

Whereupon Digenes scratched his bald pate for a time in perplexity, but finally, closing his lantern, had to invite the shade home to dinner.—Columbia Jester.

Coughs and Colds cannot hold out against Doan's Mentholated Cough Drops. A single dose gives relief—So at All Druggists.

Why don't you take a day off and get acquainted with yourself?

For any sore use Hanford's Balsam. Adv.

Your Uncle Samuel spent \$800,000, 000 for jewelry last year.

The Shot That Missed.  
In controversy it is better to be intellectually honest than to be consistent.

In an ecclesiastical discussion that occurred at one of the general assemblies of the Presbyterian church in the United States Doctor Krebs was pressing his antagonist, Doctor Breckinridge, hard with his authorities, and at last, as the New York Times relates, came down on him with this: "And now I will proceed to quote Breckinridge against Breckinridge."

Without rising from his seat, Doctor Breckinridge instantly retorted, "And you could not possibly cite an authority that would have less weight with me!"

### No Change.

Police Magistrate—So you belong to the Smith tribe, eh? What's your full name?

Prisoner—John Smith, your honor. Same as when I'm sober.

### Really Reliable.

"Is your maid trustworthy?"  
"Trustworthy? Why, I even give her the key to the bread box!"

## COLDS

and Coughs and Croup  
Cured by Pe-ru-na  
A cold in the throat  
Pe-ru-na is a recognized standard  
remedy for catarrh.  
Copy "File of Life" Free.  
The Pe-ru-na Co., Columbus, O.

### AFFLICTED PEOPLE TAKE NOTICE

Most important discovery of modern times. Electro-lytic tungs. A harmless and drugless remedy, guaranteed for Rheumatism, Neuralgia, Arterio-sclerosis, Indigestion, Female Troubles, Nervousness, Stomach, Bowel, Kidney Trouble, etc. Composed of Electric Fluid and Negative Metal. When worn on the fingers producing a mild current of electricity through the body, which purifies the blood, strengthens the nerves and muscles, induces sweet, refreshing sleep, improves the appetite and expels disease from the body.

Mr. John H. Grist, Austin, Tex., writes: "Can distinctly feel the current. Banished Rheumatism. Rheumatism from my arm. They are a boon to humanity. Indeed, I heartily recommend them."

Mr. J. A. Hughes, Red Level, Ala., writes: "Electro-Galvanic Rings cured Rheumatism I had forty years and now helping my wife."

Mr. J. M. Clark, Crawfordsville, Ga., Ill., writes: "I have had any number of rheumatism since wearing them. For full particulars, explaining the manner in which nitrogen and oxygen are produced from copper and zinc and converted into electricity, how electricity and various gases affect the system, from trial offer, other testimonials and bank guarantee, write M. E. BOGLE, AUSTIN, TEXAS."

North Dakota Wheat and Corn Land For Sale—We have 100 acres and 200 acres (farm land) for sale, price \$10 and \$12 per acre, on easy terms, located on the New Rockford-Mandan line of the Northern Railway, and east of Williston on Northern Pacific. RUSMAK REALTY CO., Bismarck, N. D.

# A Message To Women

Those of Middle Age Especially.

When you have found no remedy for the horrors that oppress you during change of life, when through the long hours of the day it seems as though your back would break, when your head aches constantly, you are nervous, depressed and suffer from those dreadful bearing down pains, don't forget that Lydia E. Pinkham's Vegetable Compound is the safest and surest remedy, and has carried hundreds of women safely through this critical period.

Read what these three women say:

### From Mrs. Hornung, Buffalo, N. Y.

BUFFALO, N. Y.—"I am writing to let you know how much your medicine has done for me. I failed terribly during the last winter and summer and every one remarked about my appearance. I suffered from a female trouble and always had pains in my back, no appetite and at times was very weak."

"I was visiting at a friend's house one day and she thought I needed Lydia E. Pinkham's Vegetable Compound. I took it and have gained eight pounds, have a good appetite and am feeling better every day. Everybody is asking me what I am doing and I recommend Lydia E. Pinkham's Vegetable Compound. You may publish this letter if you wish and I hope others who have the same complaint will see it and get health from your medicine as I did."—Mrs. A. HORNUNG, 91 Stanton St., Buffalo, N. Y.

### Made Me Well and Strong.

MACEDON, N. Y.—"I was all run down and very thin in flesh, nervous, no appetite, could not sleep and was weak, and felt badly all the time. The doctors said I had poor blood and what I had was turning to water. I took different medicines which did not help me, but Lydia E. Pinkham's Vegetable Compound made me well and strong, and I am recommending it to my friends."—Mrs. FRED CHACE, R. No. 2, Macedon, N. Y.

### The Change of Life.

BELTSVILLE, Md.—"By the use of Lydia E. Pinkham's Vegetable Compound I have successfully passed through a most trying time, the Change of Life. I suffered with a weakness, and had to stay in bed three days at a time. Lydia E. Pinkham's Vegetable Compound restored me to perfect health, and I am praising it for the benefit of other women who suffer as I did."—Mrs. W. S. DUVALL, Route No. 1, Beltsville, Md.

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No one sick with woman's ailments does justice to herself if she does not try this famous medicine made from roots and herbs, it has restored so many suffering women to health.

Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.



### KNOWS SOMETHING OF THE SEA.

Naval Recruiting Officer (to accept who has applied to join the naval reserve)—And what experience have you had?

Actor—Quite considerable, I was two years a midshipman in H. M. S. Pinafore, a lieutenant in half a dozen plays and an admiral in the Chinese Honeymoon.—London Opinion.

### ADVICE TO THE AGED

Age brings infirmities, such as sluggish bowels, weak kidneys and torpid liver.

## Tutt's Pills

have a specific effect on these organs, stimulating the bowels, giving natural action, and imparting vigor to the whole system.

W. N. U., Oklahoma City, No. 12-1915.

## WAITING FOR YOU

**160 ACRE  
FARMS IN  
WESTERN  
CANADA  
FREE**

Yes, waiting for every farmer or farmer's son—an industrious American who is anxious to establish for himself a happy home and prosperity. Canada's hearty invitation this year is more attractive than ever. Wheat is higher but her farm land just as cheap and in the provinces of Manitoba, Saskatchewan and Alberta

**160 Acre Homesteads are Actually Free to Settlers and Other Land at From \$15 to \$20 per Acre**

The people of European countries as well as the American continent must be fed—thus an even greater demand for Canadian Wheat will keep up the price. Any farmer who can buy land at \$15.00 to \$20.00 per acre—get a dollar for wheat and raise 20 to 45 bushels to the acre is bound to make money—that's what you can expect in Western Canada. Wonderful yields also of Oats, Barley and Flax. Mixed Farming is fully as profitable an industry as grain raising. The excellent grasses, full of nutrition, are the only food required either for beef or dairy purposes. Good schools, markets convenient, climate excellent.

Military service is not compulsory in Canada but there is an unusual demand for farm labor to replace the many young men who have volunteered for service in the war. Write for literature and particulars as to reduced railway rates to Superintendent Immigration, Ottawa, Canada, or to

**G. A. COOK**  
125 W. 9th St., Kansas City, Mo.  
Canadian Government Agent.

# You Look Prematurely Old

Because of those ugly, grizzly, gray hairs. Use "LA CREOLE" HAIR DRESSING. PRICE, 51.00, retail.